



Alignment Strategy Immersion *with Barb Scafe*

RELEASE, ALIGN AND
STEP BOLDLY INTO YOUR NEXT CHAPTER

Together, we'll explore who you are now, what you're being called toward, and what needs to shift so you can move forward with intention to your next chapter. In this 2-session immersion, you'll stop second-guessing yourself, and start to trust the whisper inside that's been trying to guide you all along.

1. Reflection & Rooting

A deep look at what's working, what's not, and what your inner wisdom is trying to tell you.

>Reconnect with your values, desires, & truth beneath the noise.

2. Reclaiming Your Voice & Vision

Clarify what you want next — even if you can't fully articulate it yet.

>Explore the identity you're stepping into.

3. Courageous Expression & Energetic Alignment

Understanding the fears, stories, and judgments that have held you back.

>And move through resistance with strength.

4. Designing Your Next Chapter Pathway

A grounded, aligned plan for moving forward.

>This is where clarity becomes action!

